






















































Activity calendar 09-15 Marzo/March

	MAÑANA MORNING			MEDIODÍA MIDDAY			TARDE AFTERNOON		NOCHE NIGHT
 11:00-13:00 13 €/PAX LUNES MONDAY	9:00 - Spa Be Aloe HATHA YOGA 	10:15 - Spa Be Aloe OXYGEN MEDITATION 	11:15-Spa Be Aloe CORE EXERCISES 	12:00 - Spa Be Aloe AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:15 - Spa Be Aloe ALOE VERA WORSHOP 	15:00 - Spa Be Aloe ALOE WALKING 	16:00- Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 
MARTES TUESDAY	9:00 - Spa Be Aloe SUN SALULATION 	10:15 - Spa Be Aloe YOGA NIDRA 	11:15 - GYM CIRCUIT TRAINING 	12:00 - Sunset Pool AQUASTRETCH 	13:00 - Pro Shop GOLF CLINIC 15€ 	14:15-Spa Be Aloe SONOTHERAPY 		21:00 - The S Club LIVE MUSIC 	
MIÉRCOLES WEDNESDAY	Main reception for more information about the external activities			KAYAK From 50€ 	DOLPHIN From 35€ 	HIKING From 55€ 		21:00 - The S Club LIVE MUSIC 	
 14:00-16:00 13 €/PAX JUEVES THURSDAY	GOLF LESSONS Proshop: 60€ 1 pax/ 80€ 2pax 			DIVING From 55€ 	WINDSURF From 55€ 	HIKING From 55€ 		21:00 - The S Club LIVE MUSIC 	
VIERNES FRIDAY	9:00 - Spa Be Aloe YOGA 	10:15 - Spa Be Aloe OXIGEN MEDITATION 	11:15-Spa Be Aloe CELULITE 	12:00 - Spa Be Aloe AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:15-Spa Be Aloe SONOTHERAPY 	15:15 -GYM CORE + HIT 	16:00- Spa Be Aloe SUN SALULATION 	21:00 - The S Club LIVE MUSIC 
SÁBADO SATURDAY	9:00 - Spa Be Aloe HATHA YOGA 	10:15 - Spa Be Aloe 6 KM WALKING + ALOEDARIUM 		12:00 - Spa Be Aloe AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:15 - Spa Be Aloe ALOE VERA WORSHOP 	15:15 - GYM CIRCUIT TRAINING 	16:00- Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 
DOMINGO SUNDAY	9:00 - Spa Be Aloe SUN SALULATION 	10:15 - Spa Be Aloe BREATHING EXERCISES 	11:15- GYM BUTTOCKS EXERCISES 	12:00-Sunset Pool AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:15 -Spa Be Aloe YOGA NIDRA 	15:15 - GYM ARMS EXERCISES 	16:00- Spa Be Aloe HATHA YOGA 	21:00 - The S Club LIVE MUSIC 

•El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.
 The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recomend be part of the activities if you are not fisic healthy or have any healthy concerns.

GOLF LESSONS EVERY DAY FROM 9 TO 17 60€/1 PAX 80€/2 PAX BOOKING: PROSHOP