













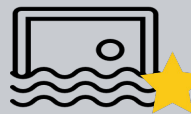




































Activity calendar 15- 21 Julio/July

	MAÑANA MORNING		MEDIODÍA MIDDAY			TARDE AFTERNOON			NOCHE NIGHT	
FAMILY WELLNESS DAY  11:00-13:00 13€/PAX MONDAY/LUNES	10:00-Spa Be Aloe YOGA 	11:30- Gym ARMS EXERCISES 	12:15 - SUNSET AQUASTRETCH 	13:00 - Pool7Floor WATERPOLO  ★	14:15-Spa Be Aloe ALOE VERA WORKSHOP 	15:00-Spa Be Aloe YOGA FOR KIDS  ★				
MARTES TUESDAY	10:00-Spa Be Aloe SUN SALULATION 	11:00-Pro Shop GOLF CLINIC 15€ 	12:15 - Pool7Floor WATERBASKET  ★	13:00-Spa Be Aloe OXIGEN MEDITACION 	14:00-Spa Be Aloe YOGA NIDRA 	15:00 - Kids Club GYMKANA  ★				
MIÉRCOLES WEDNESDAY	10:00-Spa Be Aloe PILATES 	11:15 - Pool7Floor WATERPOLO  ★	12:15-Pool7Floor POOL BIKE 	13:00-Spa Be Aloe INFO SPORT 	14:00 - Gym CORE & BALANCE 	15:00 - Pool7Floor PINTA CARAS FACE PAINTING  ★	16:30-Pool7Floor MANUALIDADES HAND CRAFT  ★	17:15-Pool7Floor AQUAGYM 		
FAMILY WELLNESS DAY  14:00-16:00 13€/PAX JUEVES/THURSDAY	10:00-Spa Be Aloe TAI CHI 	11:30- Spa Be Aloe FÚTBOL EN FAMILIA FAMILY FOOTBALL DAY 	13:00-Spa Be Aloe INFO SPORT 	14:00 - Spa Be Aloe PILATES 	15:00-Spa Be Aloe STRETCH 	16:00-Pool7Floor POOL BIKE 	17:15-Pool7Floor WATERBASKET  ★		21:00 - The S Club LIVE MUSIC 	
VIERNES FRIDAY			13:00-Spa Be Aloe MEDITACION 	14:00-Spa Be Aloe ALOE VERA WORSHOP 	15:00- Gym CELULITE 	16:00-Spa Be Aloe 4KM WALKING 	17:15- Spa Be Aloe AQUASTRETCH 	18:00- Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 	
SÁBADO SATURDAY			13:00-Spa Be Aloe SONOTHERAPY 	14:00-Spa Be Aloe YOGA NIDRA 	15:00-Gym ARMS EXERCISE 	16:00-Spa Be Aloe YOGA 	17:00 -Gym CIRCUIT TRAINING 	18:00 -Spa Be Aloe HATHA YOGA 	21:00 - The S Club LIVE MUSIC 	
DOMINGO SUNDAY			13:00-Spa Be Aloe OXIGEN MEDITACION 	14:15-Spa Be Aloe ALOE VERA WORKSHOP 	15:00 - Spa Be Aloe AQUASTRETCH 	16:00-Spa Be Aloe YOGA 	17:00- Spa Be Aloe 8 KM WALKING + ALOEDARIUM 			



Los niños pueden participar en todas las actividades con estrella/Children can participate in all activities with stars/Kinder können an allen Aktivitäten mit Stars teilnehmen

El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.

The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recommend be part of the activities if you are not fisic healthy or have any healthy concerns.