













































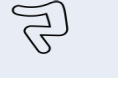









Activity calendar 20-26 Enero/January

	MAÑANA MORNING			MEDIODÍA MIDDAY		TARDE AFTERNOON		NOCHE NIGHT	
 11:00-13:00 13 €/PAX LUNES MONDAY	9:00 - Spa Be Aloe PILATES 	10:15 - GYM FITBALL EXERCISES 	11:30 - Pool 7 Floor POOL BIKE 	13:00 - Spa Be Aloe INFO SPORT 	14:15 - Spa Be Aloe TAI CHI-CHI KUNG 	15:00 - GYM TRX + HIT 	16:00- Spa Be Aloe STRETCH 	21:00 - The S Club LIVE MUSIC 	
MARTES TUESDAY	9:00 - Spa Be Aloe SUN SALULATION 	11:30-Spa Be Aloe CORE EXERCISES 	12:15 - Pool 7 Floor AQUAGYM 	13:00 - Pro Shop GOLF CLINIC 15€ 	14:00 - Spa Be Aloe ALOE VERA WORKSHOP 	16:15- Spa Be Aloe BODY BALANCE 	21:00 - The S Club LIVE MUSIC 		
MIÉRCOLES WEDNESDAY	9:00 - Spa Be Aloe TAI CHI - CHI KUNG 	10:15 - Spa Be Aloe PILATES 	11:30-Spa Be Aloe BUTTOCKS EXERCISES 	12:15 - Spa Be Aloe AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:00 - Spa Be Aloe SOFTBALL EXERCISES 	15:00 -GYM CIRCUIT TRAINING 	16:00 -Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 
 14:00-16:00 13 €/PAX JUEVES THURSDAY	9:00 - Spa Be Aloe PILATES 	10:00 - Spa Be Aloe WALKING 	11:30-Spa Be Aloe CELLULITE 	12:15 - Pool 7 Floor POOL BIKE 	13:00 - Spa Be Aloe INFO SPORT 	14:15 -Spa Be Aloe BALL MASSAGE 	15:15 -GYM CORE & BALANCE 	16:00- Spa Be Aloe STRETCH 	21:00 - The S Club LIVE MUSIC 
VIERNES FRIDAY	9:00 - Spa Be Aloe HATHA YOGA 	10:00 - Spa Be Aloe YOGA NIDRA 	11:30-Spa Be Aloe CORE EXERCISES 	12:15 - Spa Be Aloe AQUASTRETCH 	13:00 - Spa Be Aloe INFO SPORT 	14:15 -Spa Be Aloe ALOE VERA WORKSHOP 	15:00 -Spa Be Aloe ALOE WALKING 	16:00- Spa Be Aloe YOGA 	21:00 - The S Club LIVE MUSIC 
SÁBADO SATURDAY	9:00 - Spa Be Aloe SUN SALULATION 	10:15 - GYM CIRCUIT TRAINING 	11:30-Spa Be Aloe BUTTOCKS EXERCISES 	12:15 - Spa Be Aloe AQUASTRETCH 	13:15 - Spa Be Aloe SONOTHERAPY 			21:00 - The S Club LIVE MUSIC 	
DOMINGO SUNDAY	Main reception for more information about the external activities		KAYAK From 50€ 	DOLPHIN From 35€ 	HIKING From 55€ 		21:00 - The S Club LIVE MUSIC 		

•El Hotel no se hace responsable de cualquier daño derivado de la práctica de estas actividades. Es responsabilidad del cliente y no se recomienda realizarlas en caso de no estar preparado físicamente o tener una alguna dolencia.
 The Hotel doesn't take any responsibilities of any damage part of the activities. The client is responsible and we don't recomend be part of the activities if you are not fisic healthy or have any healthy concerns.
 GOLF LESSONS EVERY DAY FROM 9 TO 17 60€/1 PAX 80€/2 PAX BOOKING: PROSHOP